



About OPTI-FREE RepleniSH

OPTI-FREE RepleniSH contact solution retains moisture on the surface of your lenses, so they feel fresh and moist for enhanced comfort throughout the day.

When a contact lens is soaked in OPTI-FREE RepleniSH contact solution, the lens surface is reconditioned by a proprietary reconditioning system. This allows a thin layer of moisture from your natural tears to be maintained on the lens surface throughout the day.

OPTI-FREE RepleniSH incorporates new ingredients to a disinfection system that has been used for over 20 years. Alcon continues to develop new technology to care for the new types of contact lenses available. This focus has allowed OPTI-FREE RepleniSH to continue to achieve a high level of disinfection against both bacteria and fungi.

Always use the contact solution prescribed by your eye doctor. Ask your eye doctor if OPTI-FREE RepleniSH is right for you. Remember, only your eye doctor can determine the contact lens and solution combination that is right for you.

Contact Lens Care

Think all contact lens solutions are the same? Think again. Contact lens solutions are different. Proper lens care plays an important part in helping your eyes stay healthy.

There are variations in the composition and characteristics among contact lens solutions. These variations determine the solution that is best for you.

Not only should you avoid changing your contact lens solution prior to discussing it with your eye doctor, you shouldn't use another one from a friend or relative. Also keep in mind that other eye care products—like saline solution and rewetting drops—aren't designed to disinfect and recondition your lenses.

You should only use the contact lens solution that your eye doctor recommends. Switching solutions may not properly recondition or disinfect your lenses. By using proper hygiene and following the correct steps to clean, store, insert, and remove your contact lenses, you can help your lenses stay moist and comfortable. Proper lens care plays an important part in helping your eyes stay healthy.

Cleaning and Storing Your Contacts



To clean, recondition, disinfect and remove protein from your contact lenses:

- Thoroughly rinse each side of the lens (5 seconds) with OPTI-FREE RepleniSH.
- Fill your Alcon Lens Case with fresh OPTI-FREE RepleniSH solution. Store lenses in the closed lens case overnight or at least 6 hours. After soaking, lenses are ready to wear.
- After use, always empty and rinse the lens case with fresh OPTI-FREE RepleniSH and allow to air dry.

For optimal lens cleaning, reconditioning, and disinfection, fill the lens case with fresh solution every time lenses are stored. Never reuse solution. This will help ensure that you achieve maximum lens surface moisture for all day comfortable lens wear.



Recommendations for safe and healthy contact lens wear:

- **Always wash and dry your hands** before handling contact lenses.
- **Carefully and regularly clean contact lenses** with a contact lens cleaning solution as directed by your doctor. If recommended, rub the contact lenses with your fingers and rinse thoroughly before soaking lenses overnight in sufficient multi-purpose solution to completely cover the lens.
- **Store lenses in the proper lens storage case** and replace the case at a minimum of every three months. Clean the case with multi-purpose solution after each use, and keep it open and dry between cleanings.
- **Use only products recommended** by your optometrist to clean and disinfect your lenses. Saline solution and rewetting drops are not designed to disinfect lenses.
- **Only fresh solution** should be used to clean and store contact lenses. Never reuse old solution. Contact lens solution must be changed according to the manufacturer's recommendations, even if the lenses are not used daily.
- **Always follow the recommended contact lens replacement schedule** prescribed by your eye doctor.
- **Remove contact lenses before swimming** or entering a hot tub.
- **See your eye doctor** for your regularly scheduled contact lens and eye examination.

For more information about OPTI-FREE RepleniSH and Frequently asked questions, visit www.opti-free.com